

## TEA

### EVERYDAY BREAKFAST

A balanced blend perfect for any mood at anytime

£2,50

### EARL GREY

Good if you're feeling in need of a sophisticated boost.

£2,50

### GREEN

A shot a day is better than an apple at keeping the doctor away.

£2,95

### PEPPERMINT

Refreshing, light, caffeine free. Great if you're feeling rumbly.

£2,90

### DARJEELING

A beautifully clean, refreshing taste perfect at any time of the day.

£2,80

### LEMON & GINGER

Good if you're feeling mellow, it'll lift your spirit

£2,80

### SUPER FRUIT

As well as a great tasting cuppa, you'll get a health kick too.

£2,80

### CHAMOMILE

Gives a sweet, juicy flavour of chamomile - caffeine free

£2,80

### CHAI

Warming & spicy. A true taste of India

£2,80

### TUNG TING OOLONG

Strength of black tea with the aromatic flavours of green tea.

£2,80

### HAPPY WITH LEMON BALM

Lemon balm, turmeric and apple. A jolly blend to cheer all.

£2,80

### CALM WITH VALERIAN

Citrus and flowers with powerful Valerian for tasty calming tea.

£2,80

### HONEYBUSH & ROOIBOS

Two nutrient rich South African plants. Great with or without milk

£2,80

FROM A SOURCE THAT HANDLES NUTS

## COFFEE

AMERICANO, LATTE, CAPPUCCINO £2,80

MOCHACCINO, LATTE MACCHIATO £2,90

HOT CHOCOLATE £2,90

INSTANT NESCAFÉ £2,30

ESPRESSO Single £1.90

Double £2.70

## SANDWICHES & LUNCHES

EGG MAYONNAISE £3,90

CHEESE & TOMATO £3,90

TUNA MAYO & CUCUMBER £4,30

CHEESE & HAM £4,30

CHICKEN SALAD £5,20

HAM SALAD £4,30

SMOKED SALMON & CREAM CHEESE £5,50

BLOOMER BREAD £0,50

PLOUGHMANS LUNCH £7,90

Ham, Cheese, Pork Pie, Salad, Pickles, Bloomer butter mayo/salad cream

Additional fillings £0,60

SOUP OF THE DAY WITH A SLICE OF BLOOMER & BUTTER £5,75

CHILDRENS LUNCH £4,95

Cheese, ham or jam sandwich, fruit, biscuit and a fruit shoot.

WE OFFER GLUTEN FREE OPTIONS. PLEASE ENQUIRE FOR PRICES

## CAKES & NIBBLES

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DELICIOUS SLICE OF CAKE FROM £3.10

CREAM TEA £4,90

Scone with Jam & Clotted Cream/butter with a pot of breakfast tea or earl grey

SCONE, JAM & CLOTTED CREAM £3.00

2 TOAST WITH BUTTER £1,90

TOASTED TEA CAKES/CRUMPETS £2.40

JAM, MARMALADE OR HONEY 30p

CRISPS £1.50

## SOFT DRINKS

COKE, LEMONADE, FANTA £2.50

DIET COKE £2.50

PINK LEMONADE £2.80

APPLE OR ORANGE JUICE £2.50

WATER £1,50